

September

WSC – WBR SENIOR CENTER

BTH – BRUSLY TOWN HALL

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 9 am – Aerobics 1 pm – Dominoes (All WSC)	4 9 am – Pokeno-2 (WSC) 6:30 pm – Bridge (BTH)	5 9 am – Aerobics (WSC) 10 am – I Phone Class (Library)	6 9 am – Quilting 1 pm – H&F (All WSC)	7 9 am – Aerobics (WSC)	8 9 am – SS Anniversary Celebration (WSC)
9	10 9 am – Aerobics 1 pm – Dominoes (All WSC)	11 9 am – Pokeno-1 (WSC) 6:30 pm – Bridge (BTH)	12 9 am – Aerobics 1 pm – Bouree (All WSC)	13 9 am – Quilting 1 pm – H&F (All WSC)	14 9 am – Aerobics 10 am – Bridge (All WSC)	15
16 Acadian Mtg.	17 9 am – Aerobics 1 pm – Dominoes (All WSC)	18 1 pm – Tripoley (WSC) 6:30 pm – Bridge (BTH)	19 9 am – Aerobics (WSC)	20 9 am – Quilting 1 pm – H&F (All WSC)	21 9 am – Aerobics 9:45 am – Yoyo Session (All WSC)	22
23	24 9 am – Aerobics 1 pm – Dominoes 6 pm – Bouree (All WSC)	25 6:30 pm – Bridge (BTH)	26 9 am – Aerobics (WSC)	27 9 am – Quilting 1 pm – H&F (All WSC)	28 9 am – Aerobics (WSC)	29
30						

2018

West Baton Rouge Senior Spirit* September 2018 Activity Update

***NEW**WBR SENIOR SPIRIT CELEBRATES 10th ANNIVERSARY ON SEPTEMBER 8, 2018—**We invite Senior Spirit participants to a meeting on Saturday, September 8, 2018 from 9:00 a.m. to 10:00 a.m. at the WBR Senior Center, 235 Elaine Street, Brusly. At this gathering, please come and help us evaluate and plan for ongoing activities. We are grateful for those group leaders who are responsible for these activities: Evelyn Clouatre, Pokeno; Carolyn Blanchard, Aerobics; Joan Sharon, Quilting; Sue Gauthreaux, Dominoes; Judy Medlen, Tripoley; Callie Smith, Hand and Foot Canasta; and Joyce Barbier, BUNCO. Additionally, Babs Babin and Lucy Landry, Senior Spirit coordinators, provide bridge, bouree, and ongoing activities. We are appreciative of the West Baton Rouge Parish Library and Luis Interiano for teaching the monthly internet sessions. A new activity that was recently formed is the Acadian Heritage group led by Billy Hebert. The Acadian Heritage group is also sponsored by the online program, Our Ancestors in Photos. In addition to the Senior Spirit group leaders, there are several persons who help on a regular basis to keep the activities going. We are grateful for their willingness to give of their time and talent. Also, we thank the Town of Brusly and St. John the Baptist Catholic Church for their support. WBR Senior Spirit would not be possible without the sponsorship of the West Baton Rouge Parish Parks and Recreation Dept., Anatole Vincent, Director. The Parks & Recreation staff is always ready to assist us and we are certainly proud of our WBR Senior Spirit home base, provided by Parks and Recreation. Light refreshments will be served at the September 8 meeting. Please call or e-mail Babs Babin, 749-2518, bbbabin@cox.net; or Lucy Landry, 749-2981, lucyplandry@bellsouth.net for reservations.

****NEW**ACADIAN HERITAGE MEETING, SUNDAY, SEPTEMBER 16, 2018, 4:00 p.m., WBR SENIOR CENTER—**Earlier this year, several people gathered to share their wishes for a more significant acknowledgement of the Acadian presence in West Baton Rouge Parish, especially since our parish is one of the 22 designated parishes that comprise Acadiana. All who are interested in working towards an awareness of our Acadian heritage are welcome to this meeting. For further information, please call Billy Hebert, 225-200-5950.

****NEW**CHRISTMAS CRAFTS, FRIDAY, SEPTEMBER 21, 2018, 10:00 A.M., WBR SENIOR CENTER, 235 ELAINE STREET, BRUSLY**** Our group will meet at the Senior Center to continue making yoyo trees for Christmas. Please bring your own scissors!

****NEW**THURSDAY, DECEMBER 13, 2018 “SAVE THE DATE” –** A day trip is planned to the World War II Museum in New Orleans for the Victory Belles Christmas Show, “Belles are Ringing.” Mark your calendars and watch the October newsletter for more information regarding this exciting event.

SECOND FRIDAY BRIDGE -- Bridge is set for 10 a.m., Friday, September 14, 2018 at the WBR Senior Center. Participants should bring a brown bag lunch. Players are: Karla Argrave, Betty Blanchard, Jean Crites, Karen Cordell, Sara Grady, Bobbi Graham, Dolores Hebert, Gwen Landry, Lucy Landry, Susie Prejean, Henry Soniat, and Gale Thibodeaux. Please call Babs Babin at 749-2518 or e-mail her at bbbabin@cox.net if you are unable to play.

West Baton Rouge Senior Spirit is a program of the West Baton Rouge Parks & Recreation Dept.

WSC – WBR SENIOR CENTER BTH – BRUSLY TOWN HA

October

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
<p>1</p> <p>9 am – Aerobics 1 pm – Dominoes (All WSC)</p>	<p>2</p> <p>9 am – Pokeno-2 (WSC) 6 pm – Bridge (BTH)</p>	<p>3</p> <p>9 am – Aerobics (WSC) 10 am – I Phone Class (Library)</p>	<p>4</p> <p>9 am – Quilting 1 pm – H&F (All WSC)</p>	<p>5</p> <p>9 am – Aerobics (WSC)</p>	<p>6</p>
<p>8</p> <p>9 am – Aerobics 1 pm – Dominoes (All WSC)</p>	<p>9</p> <p>9 am – Pokeno-1 (WSC) 6 pm – Bridge (BTH)</p>	<p>10</p> <p>9 am – Aerobics 1 pm – Bouree (All WSC)</p>	<p>11</p> <p>9 am – Quilting 1 pm – H&F (All WSC)</p>	<p>12</p> <p>9 am – Aerobics 10 am – Bridge (All WSC)</p>	<p>13</p>
<p>15</p> <p>9 am – Aerobics 1 pm – Dominoes (All WSC)</p>	<p>16</p> <p>9 am – Day Trip – Opelousas/GC 1 pm – Tripoley (WSC) 6:30 pm – Bridge (BTH)</p>	<p>17</p> <p>9 am – Aerobics (WSC)</p>	<p>18</p> <p>9 am – Quilting 1 pm – H&F (All WSC)</p>	<p>19</p> <p>9 am – Aerobics (WSC)</p>	<p>20</p>
<p>22</p> <p>9 am – Aerobics 1 pm – Dominoes 6 pm – Bouree (All WSC)</p>	<p>23</p> <p>5:30 pm – Bridge Lessons (BTH) 6:30 pm – Bridge (BTH)</p>	<p>24</p> <p>9 am – Aerobics (WSC)</p>	<p>25</p> <p>9 am – Quilting 1 pm – H&F (All WSC)</p>	<p>26</p> <p>9 am – Aerobics (WSC)</p>	<p>27</p>
<p>29</p> <p>9 am – Aerobics 1 pm – Dominoes (All WSC)</p>	<p>30</p> <p>6:30 pm – Bridge (BTH)</p>	<p>31</p> <p>9 am – Aerobics (WSC) HALLOWEEN</p>			

2018

West Baton Rouge Senior Spirit*
October 2018 Activity Update

WBR SENIOR SPIRIT CELEBRATES 10 YEARS ON SATURDAY, SEPTEMBER 8, 2018— Round table discussions were held on Saturday, September 8, 2018 and participants present had the opportunity to offer suggestions for future Senior Spirit activities. One question that was asked was "How do we 'break in' with an ongoing activity, especially where a specific skill is needed?" We want to stress that all activities are open to anyone 50 years and older. For example, if you would like to play Hand and Foot Canasta on Thursday afternoons, just call Babs Babin at 749-2518 or Lucy Landry at 749-2981 for the group leader's name and contact number and you will be given all the details. All activities are open to new individuals who are interested in participating. We will work toward offering lessons as we hear of new participants who wish to learn.

At the three round table discussions, a number of suggestions were made: birthday celebrations once a month, state park visits, lectures, continuing pot luck suppers, jewelry making, needlework instruction, line dancing, Corn Hole game, garden tours, continuing trips, road trip lunches, and socials. We thank all who came to the meeting. Please carefully read the following activities that are being offered as some are new!

****NEW**THURSDAY, DECEMBER 13, 2018 – "CHRISTMAS BELLES RINGING" –** Arrangements are set for the day trip to New Orleans according to the following itinerary:

8:00 A.M. DEPART ST. JOHN THE BAPTIST CATHOLIC CHURCH, 504 KIRKLAND DRIVE, BRUSLY

10:00 A.M. APPROXIMATE ARRIVAL TIME AT 945 MAGAZINE STREET, BUS LOADING ZONE. WE NEED TIME TO ACCESS THE US FREEDOM PAVALION USING OUTSIDE CALLIOPE STREET ENTRANCE DUE TO CONSTRUCTION.

11:00 A.M. BEYOND ALL BOUNDARIES AND FINAL MISSION FILM IN SOLOMON VICTORY THEATER PLANNED

11:45 A.M. STAGE DOOR CANTEEN "CHRISTMAS BELLES RINGING" MATINEE BUFFET LUNCH SHOW

4:00 P.M. APPROXIMATE RETURN TO ST. JOHN THE BAPTIST CATHOLIC CHURCH

The cost of the trip is \$90 which includes motor coach transportation, movie, and the "Christmas Belles Ringing" show. To register, please call Carolyn Dupuy at St. John the Baptist, 749-2189 by Wednesday, November 1, 2018 to register. Full payment must be made by Wednesday, November 14, 2018. A minimum of 25 people must register for the trip to happen.

****NEW**INTERESTED IN LEARNING HOW TO PLAY BRIDGE?** We will have an informal meeting on Tuesday, October 23, 2018 for those interested in learning more about playing bridge. The meeting will be at the Brusly Town Hall on the corner of St. Francis Street and LA Hwy. 1 from 5:30 to 6:30 pm. Bobbi Graham, Babs Babin, and Lucy Landry will share the options for learning how to play bridge. At 6:30 p.m. the weekly bridge game will begin. Those who wish to learn are welcome to stay and watch as the game is played. There is no need to call, just come and begin to learn the game.

****NEW**DAY TRIP VISIT TO OPELOUSAS AND GRAND COTEAU, TUESDAY, OCTOBER 16, 2018, 9:00 A.M. – 3:00 P.M. –** We will carpool for this day trip. Traveling to Opelousas we will visit the Orphan Train Museum, and then have lunch at Brent's in Grand Coteau and spend time exploring the small shops in the area. The Louisiana Orphan Train Museum collects and preserves items that tell the history of the orphan train riders who came to the area from New York between 1854-1929. To register, please call or e-mail Babs Babin, 749-2518 or bbbabin@cox.net or Lucy Landry, 749-2981, lucyplandry@bellsouth.net by Friday, October 12, 2018. We can help arrange carpooling once we know who wants to go. We will leave from the WBR Senior Center, 235 Elaine Street, Brusly.

WSC – WBR SENIOR CENTER BTH – BRUSLY TOWN HA

November

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
			1 9 am – Quilting 1 pm – H&F (All WSC)	2 9 am – Aerobics (WSC)	3
5 9 am – Aerobics 10 am – WBRCOA Info Meeting 1 pm -- Dominoes (All WSC)	6 9 am – Pokeno-2 (WSC) 6 pm – Bridge (BTH)	7 9 am – Aerobics (WSC) 10 am – I Phone Class (Library)	8 9 am – Quilting 1 pm – H&F (All WSC)	9 9 am – Aerobics 10 am -- Bridge (All WSC)	10
12 9 am – Aerobics 1 pm -- Dominoes (All WSC)	13 9 am – Pokeno-1 (WSC) 6 pm – Bridge (BTH)	14 9 am – Aerobics 1 pm – Bouree (All WSC)	15 9 am – Quilting 1 pm – H&F (All WSC)	16 9 am – Aerobics 9:45 am – Yoyo Session (All WSC)	17
19 9 am – Aerobics 1 pm -- Dominoes (All WSC)	20 9 am - AARP Safe Driving Class 1 pm – Tripoley (ALL WSC) 6:30 pm – Bridge (BTH)	21 9 am – Aerobics (WSC)	22 THANKSGIVING DAY	23 9 am – Aerobics (WSC)	24
26 9 am – Aerobics 1 pm – Dominoes 6 pm – Bouree (All WSC)	27 6:30 pm – Bridge (BTH)	28 9 am – Aerobics (WSC)	29 9 am – Quilting 1 pm – H&F (All WSC)	30 9 am – Aerobics (WSC)	

2018

West Baton Rouge Senior Spirit*
November 2018 Activity Update

****NEW**WBR COUNCIL ON AGING WILL ASSIST ELIGIBLE BENEFICIARIES WITH MEDICARE PROGRAMS, 10:00 A.M., MONDAY, NOVEMBER 5, 2018, WBR SENIOR CENTER, 235 ELAINE STREET, BRUSLY – The WBR Council on Aging has partnered with the Capital Area Agency on Aging’s Medicare counselors to help low income Medicare beneficiaries apply for programs that make Medicare affordable. Tommy Gordon, Executive Director of the WBR Council on Aging will assist seniors with changes to the new Medicare System that recently went into effect. Attendees should bring their Social Security number or existing Medicare card, insurance cards, proof of income, and list of medicines. To register for the program, please contact Babs Babin at 749-2518 or bbbabin@cox.net or Lucy Landry at 749-2981 or lucyplandry@bellsouth.net.**

****NEW**AARP SAFE DRIVING CLASS, TUESDAY, NOV. 20, 2018, WBR SENIOR CENTER – Dr. Landry of AARP in New Orleans will teach a Safe Driving Class from 9 a.m. to 1 p.m. on Tuesday, Nov. 20 at the WBR Senior Center, 325 Elaine Street, in Brusly. Cost of the class is \$15 for AARP members and \$20 for non-members. Participants may bring a bag lunch. To register for the class, contact Babs Babin at 749-2518 or bbbabin@cox.net or Lucy Landry at 749-2981 or lucyplandry@bellsouth.net.**

****NEW**THURSDAY, DECEMBER 13, 2018 – “CHRISTMAS BELLES RINGING” day trip to New Orleans itinerary: The cost of the trip is \$90 which includes motor coach transportation, movie, and the “Christmas Belles Ringing” show. To register, please call Carolyn Dupuy at St. John the Baptist, 749-2189 by Wednesday, November 1, 2018 to register. Full payment must be made by Wednesday, November 14, 2018. A minimum of 25 people must register for the trip to happen. Due to the traffic situation we will leave at 7:30 a.m. rather than 8:00 a.m. Prior to the trip a letter will be sent to all participants registered.**

7:30 A.M. DEPART ST. JOHN THE BAPTIST CATHOLIC CHURCH, 504 KIRKLAND DRIVE, BRUSLY
10:00 A.M. APPROXIMATE ARRIVAL TIME AT 945 MAGAZINE STREET, BUS LOADING ZONE.
WE NEED TIME TO ACCESS THE US FREEDOM PAVALION USING OUTSIDE CALLIOPE STREET ENTRANCE DUE TO CONSTRUCTION.
11:00 A.M. BEYOND ALL BOUNDARIES AND FINAL MISSION FILM IN SOLOMON VICTORY THEATER PLANNED
11:45 A.M. STAGE DOOR CANTEEN “CHRISTMAS BELLES RINGING” MATINEE BUFFET LUNCH SHOW
4:00 P.M. APPROXIMATE RETURN TO ST. JOHN THE BAPTIST CATHOLIC CHURCH

****NEW**SENIOR SPIRIT CHRISTMAS SOCIAL – 6 – 8 PM, THURSDAY, DECEMBER 20, 2018, SJB ACTIVITY CENTER – Plans are underway for a Pot Luck Christmas Social so mark your calendars and plan to join us.**

****NEW**NOTES FROM WBR PARISH LIBRARY – I Phone and I Pad Tips and Tricks – Luis Interiano, Adult Services Librarian will present a COINS Class at the WBR Senior Center in Brusly from 10:00 A.M. to 11:00 A.M., Wednesday, December 5. Please bring your Apple devices, power cords and your questions on how to use them. Other Library Notes: The monthly Book Club meetings will be held jointly by the Library and WBR Museum at the WBR Museum on Saturday, November 3, 10, and 17. The Viet Nam War is the feature of the November readings. The Fall Art Show at the Library will begin with an opening reception at 2:00 p.m., November 17, 2018. The public is invited to attend. For more information call Luis at 342-7920 or e-mail him at luis.wbrpl@gmail.com.**

December

WSC – WBR SENIOR CENTER

BTH – BRUSLY TOWN HA

	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sa</i>
						1
	3 9 am – Aerobics 1 pm – Dominoes (All WSC)	4 9 am – Pokeno-2 (WSC) 6 pm – Bridge (BTH)	5 9 am – Aerobics (WSC) 10 am – I Phone Class – (WSC)	6 9 am – Quilting 1 pm – H&F (All WSC)	7 9 am – Aerobics (WSC)	8
	10 9 am – Aerobics 1 pm – Dominoes (All WSC)	11 9 am – Pokeno-1 (WSC) 6 pm – Bridge (BTH)	12 9 am – Aerobics 1 pm – Bouree (All WSC)	13 7:30 am – SS Trip to New Orleans 9 am – Quilting 1 pm – H&F (All WSC)	14 9 am – Aerobics 10 am – Bridge (All WSC)	15
	17 9 am – Aerobics 1 pm – Dominoes 6 pm – Bouree (All WSC)	18 1 pm – Tripoley (WSC) 6 pm – Bridge (BTH)	19 9 am – Aerobics (WSC)	20 9 am – Quilting 1 pm – H&F (All WSC) 6 pm CHRISTMAS SOCIAL -- SJB ACTIVITY CENTER	21 9 am – Aerobics (WSC)	22
	24 CHRISTMAS EVE	25 CHRISTMAS DAY	26 9 am – Aerobics (WSC)	27 9 am – Quilting 1 pm – H&F (All WSC)	28 9 am – Aerobics (WSC)	29
	31 9 am – Aerobics (WSC)					

2018

West Baton Rouge Senior Spirit*
December 2018 Activity Update

****NEW**SENIOR SPIRIT CHRISTMAS SOCIAL, THURSDAY, DECEMBER 20, 2018, 6:00 PM to 8:00 PM, ST. JOHN THE BAPTIST CATHOLIC CHURCH ACTIVITY CENTER IN BRUSLY. Come and enjoy a festive time with other Seniors as we celebrate the Christmas season. We will share a pot luck dinner so please bring either a casserole or dessert. The meat and beverages will be provided by Senior Spirit. When you call to RSVP, please indicate what you will be bringing. We are pleased to have Daisha Badon, who is a member of St. John and attends LSU, perform our favorite Christmas songs. A piano player will accompany her and Daisha will involve us in some of the music. To register please call Babs Babin at 749-2518 or Lucy Landry at 749-2981 by Tuesday, December 18. We appreciate the support of St. John the Baptist in helping us with this event.**

****NEW**THURSDAY, DECEMBER 13, 2018 – WORLD WAR II MUSEUM CHRISTMAS PROGRAM AND LUNCH “CHRISTMAS BELLES RINGING” day trip to New Orleans itinerary:**

7:30 A.M. DEPART BY HOTARD MOTOR COACH FROM ST. JOHN THE BAPTIST CATHOLIC CHURCH, 504 KIRKLAND DRIVE, BRUSLY
10:00 A.M. APPROXIMATE ARRIVAL TIME AT 945 MAGAZINE STREET, BUS LOADING ZONE. WE NEED TIME TO ACCESS THE US FREEDOM PAVALION USING OUTSIDE CALLIOPE STREET ENTRANCE DUE TO CONSTRUCTION.
11:00 A.M. BEYOND ALL BOUNDARIES AND FINAL MISSION FILM IN SOLOMON VICTORY THEATER PLANNED
11:45 A.M. STAGE DOOR CANTEEN “CHRISTMAS BELLES RINGING” MATINEE BUFFET LUNCH SHOW
4:30 P.M. APPROXIMATE RETURN TO ST. JOHN THE BAPTIST CATHOLIC CHURCH

****NEW**NOTES FROM WBR PARISH LIBRARY – I Phone and I Pad Tips and Tricks – Luis Interiano, Adult Services Librarian will present a COINS Class at the WBR Senior Center in Brusly from 10:00 A.M. to 11:00 A.M., Wednesday, December 5. Please bring your Apple devices, power cords and your questions on how to use them. For more information call Luis at 342-7920 or e-mail him at luis.wbrpl@gmail.com.**

SECOND FRIDAY BRIDGE -- Bridge is set for 10 a.m., Friday, December 14, 2018 at the WBR Senior Center. Participants should bring a brown bag lunch. Players are: Karla Argrave, Babs Babin, Betty Blanchard, Karen Cordell, Jean Crites, Bobbi Graham, Dolores Hebert, Gwen Landry, Henry Soniat, Ruth Stanley, Gale Thibodeaux and Elisa Tubbs. Please call Babs Babin at 749-2518 or e-mail her at bbbabin@cox.net if you are unable to play.

DAYTIME BOUREE GAME – The next afternoon bouree game will be on Wed., Dec. 12, 2018 from 1 - 4 p.m. at the WBR Senior Center. Players registered are: Marion Badeaux, Catherine Blanchard, David Couvillon, Wanda Daigle, Lova & Jessie Doucet, Larry Durbin, Shirley Guidry, John LaBauve, Lucy and Walter Landry, Joycelyn LeNoir, Gerald Mabile, Judy Medlen, Dolores Mendoza, Roy Mouch, Jr., Pat Ramagos, Eve Riviere, Charlene Savoy, Henry Soniat, and Jean Witten. We have 21 players. If you must cancel, please e-mail or call Lucy Landry at lucyplandry@bellsouth.net or 749-2981 so that a substitute may be asked to play.

West Baton Rouge Senior Spirit is a program of the West Baton Rouge Parks & Recreation Dept.