

## November 2025 Newsletter

### Senior Spirit Contact Information

Senior Spirit's email address is: [seniorspirit@wbrCouncil.org](mailto:seniorspirit@wbrCouncil.org)

Senior Spirit's telephone number is 225-215-5290.

Senior Spirit's address is 235 Elaine Street, Brusly.

WBR Parish Senior Spirit ([listserv@civicplus.com](mailto:listserv@civicplus.com)).

If you are having trouble receiving our newsletter via email, please call us.

To view the newsletter online, please visit the W.B.R. Parish website:  
[wbrparish.org](http://wbrparish.org)



THANK YOU TO ALL VETERANS AND HAPPY  
THANKSGIVING FROM SENIOR SPIRIT AND  
PARKS AND RECREATION

## A Note From Paige

The next Senior Spirit bus trip will be to the beautiful state of Georgia.

It will include 3 nights and 4 days full of activities such as Callaway Gardens, Echo Park Speedway, The World of Coca Cola, and the College Football Hall of Fame. The hotel will be the Hilton in the city of Peachtree City, which is just south of Atlanta.

This great trip will take place Monday-Thursday, March 16–19, 2026 and will cost \$800 per person. To sign up, please call Paige at 225-215-5290, leave a message, and Paige will return your call.

Once you sign up for the trip, the first payment, of \$400.00 is due by January 16, 2026, and the final payment of \$400.00 is due on February 16, 2026. Please make checks payable to Paige Currie and on the description line write Senior Spirit. You can mail checks to Paige Currie, 3635 Allene Street, Brusly, LA 70719. Payments can also be dropped off at the St. John the Baptist Church office Monday-Thursday from 8:30am-1:30pm.



## S.A.L.T.

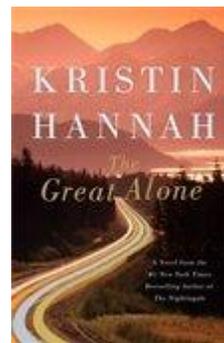
WBR Sheriff Jeff Bergeron and his staff will hold a fall Senior Health Expo. Seniors and Law Enforcement Together or S.A.L.T. will sponsor this fun day on Wednesday, November 5, 2025, in the Addis Community Center, 7520 LA Hwy 1, Addis. From 9am-1pm. There will be vendors, guest speakers, door prizes, lunch, and entertainment by Jason "Elvis" Duplessis.

## Suggested Reading

This month's suggested reading is *The Great Alone* by Kristin Hannah

A desperate family seeks a new beginning in the near-isolated wilderness of Alaska only to find their unpredictable environment is less threatening than the erratic behavior found in human nature.

In 1974 Ernt Allbright came home from the Vietnam War a changed and volatile man. When he loses yet another job, he makes the impulsive decision to move his wife and daughter north, where they will live off the grid in America's last true frontier. Cora will do anything for the man she loves, even if it means following him into the unknown. Thirteen-year-old Leni, caught in the riptide of her parents' passionate, stormy relationship, has little choice but to go along, daring to hope this new land promises her family a



**better future. In a wild, remote corner of Alaska, the Allbrights find a fiercely independent community of strong men and even stronger women. The long sunlit days and the generosity of the locals make up for the newcomers' lack of preparation and dwindling resources. But as winter approaches and darkness descends, Ernt's fragile mental state deteriorates. Soon the perils outside pale in comparison to threats from within. Leni and her mother learn the terrible truth: they are on their own.**

**Overview by Barnes and Noble**

### **Senior Spirit Dance**

**The Senior Spirit dance, sponsored by WBR Parks and Recreation, is held on the second Wednesday of each month in the Addis Community Center, 7520 Hwy 1 South, Addis, LA 70710. Please come out and enjoy live music and lunch!**



**Time: 11:00am – 2:00pm**

**Lunch is served from 11:00am – 12:00pm**

**Live music: 11:30am – 2:00pm**

**Listed below are future dates and bands.**

**November 12 – Iris Callaghan**

**December 10 – Tet Dur**

**\*Admission fee is \$5.00**

**\*Soft drinks and water are provided.**

**\*No alcohol is allowed**

### **Addis Railroad Museum**

**The Addis Railroad Museum is the best-kept secret in West Baton Rouge Parish. This 100-year-old building is on the National Register and is located at 7821 Harris Avenue, Addis, LA 70710, and will be open the 3rd Tuesday of each month from 10:00am-2:00pm.**

### **Rockin' On The Railroad**

**The last concert of the fall series of Rockin' on the Railroad will take place on the grounds of the Addis Railroad Park, 4343 Harris Ave. on Friday, November 7, 2025. The fun kicks off at 5:30pm with Ryan Foret and Foret Tradition. Come out and enjoy a fall evening of fun.**





### **Honoring Our Heroes: Veterans Celebrations**

- **Sunday, November 9, 2025, the West Baton Rouge Museum will have a Veterans Celebration. The event opens at 11:00am with local food vendors and an antique car show. The Victory Belles will take the stage in front of the WBR Museum at 1:30pm. Then enjoy the WBR Museum Old Time Jam from 3:00pm-5:00pm.**
- **Tuesday, November 11, 2026, the Brusly Town Hall will host a special Veteran's Day Breakfast and ceremony at 8:30am in the Town Hall, 601 S. Vaughan Dr. Brusly, LA.**



### **New Place To Socialize**

**\*Note new location.**

**Enjoy lively conversations and Mexican cuisine at the weekly social hour in Rio Cantina Mexican Grill, 400 W. St. Francis, Brusly, LA. It will be held on the 3rd Tuesday of every month beginning at 6:00pm. For more information, please contact Erin Bennett at 225-650-5644.**

### **Port Allen Rotary Club Thanksgiving Luncheon**

**All local senior citizens are invited to the Addis Community Center, 7520 Hwy 1, Addis, LA, on November 25, 2025, for the annual Port Allen Rotary Club Thanksgiving Luncheon.**

**The doors will open at 10:00am and lunch will be served promptly at 11:00am until all food is given out. Come out to enjoy a delicious meal, warm company, and the spirit of Thanksgiving with friends.**



### **Competitive Team Bridge**

**\*Please note date change.\***

**Due to the Thanksgiving Holiday, Competitive Team Bridge will gather on November 21, 2025 at 10:00am in the WBR Senior Center. If you have any questions, please contact Lucy Landry or Bobbi Graham.**

## **Morley Marina Bands**

**Enjoy live music every Sunday at Morley Marina along the Intracoastal Waterway in Brusly from 4:00pm-8:00pm.**

**November 2 – Gary Bello  
November 9 – Raccoon Band  
November 16 – Keepin' Time Band  
November 23 – Kenny Fife  
November 30 – Mitch and Donnie**

***\*\*Bands are Subject to Change\*\****

## **Recurring Activities**

### **Silver 'N Fit (Aerobics, Weights & Strength)**

Every Monday, Wednesday & Friday  
9:00 AM to 9:30 AM  
WBR Senior Center  
Alice LeBlanc (225) 937-1155

### **Bouree – Daytime**

Second Thursday of the month (**November 13**)  
1:00 PM to 4:00 PM  
WBR Senior Center  
Sonya Boudreaux (225) 772-0958

### **Bouree – Nighttime**

Fourth Monday of the month (**November 24**)  
4:00 PM to 7:00 PM  
WBR Senior Center  
Sonya Boudreaux (225) 772-0958

### **Bridge**

Second Friday of the month (**November 14**)  
10:00 AM  
WBR Senior Center  
Helen Gossman (225) 749-3898

### **Bridge – Tuesday Night**

Every Tuesday of the month  
6:00 PM  
Brusly Town Hall  
Helen Gossman (225) 749-3898

### **Competitive Team Bridge**

Fourth Friday of the month (**November 21**)\*

10:00AM

WBR Senior Center

Elisa Tubbs (225) 456-7000

**\*Note Date Change**

### **Mexican Cardinal Train Dominoes**

Every Monday of the month

1:00 PM - 1st, 2nd, and 3rd Monday; 12:00pm 4th Monday

WBR Senior Center

Sue Gauthreaux (225) 454-2609

### **Hand & Foot Canasta**

Every Wednesday of the month

12:00 PM to 3:00 PM

WBR Senior Center

Julie Prejean (225) 776-4433

### **Pokeno**

First Tuesday of the month (**November 4**)

10:30 AM to 12:30 PM

WBR Senior Center

Mary Vince (225) 572-8039

Second Tuesday of the month (**November 11**)

10:00 AM to 1:00 PM

WBR Senior Center

Sonya Boudreaux (225) 772-0958

Fourth Tuesday of the month (**November 25**)

9:30am-1:30pm

WBR Senior Center

Robin Hebert (225) 978-2961

### **Tripoli**

Third Tuesday of the month (**November 18**)

1:00 PM to 4:00 PM

WBR Senior Center

Virgie Fabre (225) 485-4358

### **Quilting**

Every Thursday of the month

9:00 AM

WBR Senior Center

Joan Sharon (225) 749-8327

**Bingo**

Every Sunday of the month

3:00PM

WBR Senior Center

Virginia Butitta (225)572-9637