



June 2025 Newsletter

Senior Spirit Contact Information

Senior Spirit's email address is: seniorspirit@wbr council.org

Senior Spirit's telephone number is 225-215-5290.

Senior Spirit's address is 235 Elaine Street, Brusly.

WBR Parish Senior Spirit (listserv@civicplus.com).

If you are having trouble receiving our newsletter via email, please call us.

To view the newsletter online, please visit the W.B.R. Parish website:
wbrparish.org



**HAPPY FATHER'S DAY FROM SENIOR SPIRIT
AND PARKS AND RECREATION**

Who Wants To See Titanic

Get ready to board Titanic and immerse yourself in the ship's history with state-of-the-art technology.

A small group will travel to New Orleans, by van, on June 20, 2025 and experience an immersive and extraordinary expedition into the depths of Titanic's history.

The exhibit includes life-sized, re-creations of rooms, immersive video animations, and 3D views that place you onboard the ship as passenger with the ability to learn about one of history's most iconic tragedies. From the ship's grand construction, lavish halls, to its fatal collision with the iceberg, this is an experience you don't want to miss.

There are only 10 seats available. The day will consist of leaving St. John the Baptist Catholic Church in Brusly at 8:30am, travel to New Orleans, view Titanic: An Immersive Voyage, have lunch at Mandina's at your own cost, and travel back to Brusly. The cost is \$50.00 per person, due by June 16, 2025. To register or if you have questions, call Senior Spirit at 225-215-5290. Once registered, you will receive a detailed itinerary of the day.

Please make your check payable to Paige Currie and on the "for" line write Senior Spirit. Mail your check to Paige Currie at 3635 Allene Street, Brusly, LA 70719 or drop it off at St. John the Baptist Catholic Church in Brusly.



Suggested Reading

This month's suggested reading is *Blood Moon* by Sandra Brown.

Detective John Bowie is one step away from being fired from the Auclair Police Department in coastal Louisiana. Recently divorced and slightly heavy-handed with his liquor, Bowie does all that he can to cope with the actions taken (or not taken) during the investigation of Crissy Mellin, a teenage girl who disappeared more than three years prior. But now, *Crisis Point*, a long-running true crime television series, is soon to air an episode documenting the unsolved Mellin case. Bowie has been instructed by his unscrupulous boss to keep his grievances and criticisms over the mishandling of the investigation to himself. Beth Collins, a senior producer at *Crisis Point*, knows what classifies as a great story and when there is something more to be told. After working on the show for seven years, Collins is convinced that Crissy Mellin's disappearance was not an isolated incident. A string of disappearances of teenage girls in nearby areas have only one thing in common: They took place on the night of a blood moon. In a last-ditch effort to find out the truth, Beth enlists Detective Bowie to help her

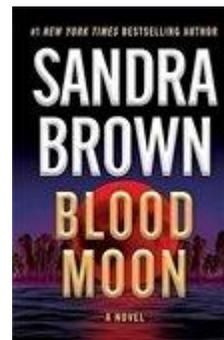


figure out what happened to Crissy and find the true culprit before he acts on the next blood moon, in four days' time.

Overview by Barnes and Noble

Senior Spirit Dance

The Senior Spirit dance, sponsored by WBR Parks and Recreation, is held on the second Wednesday of each month in the Addis Community Center, 7520 Hwy 1 South, Addis, LA 70710. Please come out and enjoy live music and lunch!

Time: 11:00am-2:00pm

Lunch is served from 11:00am-12:00pm

Live music: 11:30am-2:00pm

Listed below are future dates and bands.

June 11 – Tet Dur

July 9 – Iris Callaghan

August 13 – Denver and Justin

September 10 – Tet Dur

October 8 – Keepin' Time Band

November 12 – Iris Callaghan

December 10 – Tet Dur

***Admission fee is \$5.00**

***Soft drinks and water are provided.**

***No alcohol will be served**



Christmas in July Card Party

The WBR Historical Association will host their annual Christmas in July Card Party on Monday, July 28, 2025, from 10:00am-3:00pm at the WBR Community Center in Port Allen.

For more information and to register, please contact Mary Costello at the WBR Museum, 225-336-2422.





A Hidden Gem In Addis

The Addis Historical Society is pleased to announce the opening of the Addis Railroad Museum on the third Tuesday of each month from 10:00am-2:00pm beginning on June 17, 2025.

Please visit the best-kept secret in West Baton Rouge Parish as the Addis Historical Society is very proud of preserving the history of Addis which was a very important railroad hub and path to the west at one time.

The address for the Museum is 7821 Harris Avenue, Addis, LA 70710.

Yoga Cancelled

Yoga classes, which are held the first and third Thursdays at 4:00pm, are cancelled through August.

Re-start date is September 4, 2025.

Morley Marina Bands

Come and listen to live music every Sunday, at Morley Marina along the Intracoastal Waterway in Brusly from 4:00pm-8:00pm.

June 8 – Gary Bello

June 15 – Raccoon Band

June 22 – Kenny Fife

June 29 – Keepin' Time Band

Bands are Subject to Change

Recurring Activities

Silver 'N Fit (Aerobics, Weights & Strength)

- Every Monday, Wednesday & Friday
- 9:00 AM to 9:30 AM
- WBR Senior Center
- Alice LeBlanc (225) 937-1155

Bouree – Daytime

- Second Thursday of the month (**June 12**)
- 1:00 PM to 4:00 PM
- WBR Senior Center
- Sonya Boudreaux (225) 772-0958

Bouree – Nighttime

- Fourth Monday of the month (**June 23**)
- 4:00 PM to 7:00 PM
- WBR Senior Center
- Sonya Boudreaux (225) 772-0958

Bridge

- Second Friday of the month (**June 13**)
- 10:00 AM
- WBR Senior Center
- Helen Gossman (225) 749-3898

Bridge – Tuesday Night

- Every Tuesday of the month
- 6:00 PM
- Brusly Town Hall
- Helen Gossman (225) 749-3898

Competitive Team Bridge

- Fourth Friday of the month (**June 27**)
- 10:00AM
- WBR Senior Center
- Elisa Tubbs (225) 456-7000

Mexican Cardinal Train Dominoes

- Every Monday of the month
- 1:00 PM
- WBR Senior Center
- Sue Gauthreaux (225) 454-2609

Hand & Foot Canasta

- Every Wednesday of the month
- 12:00 PM to 3:00 PM
- WBR Senior Center
- Julie Prejean (225) 776-4433

Pokeno

- First Tuesday of the month (**June 3**)
- 10:30 AM to 12:30 PM
- WBR Senior Center
- Mary Vince (225) 572-8039

- Second Tuesday of the month (**June 10**)
- 10:00 AM to 1:00 PM
- WBR Senior Center
- Sonya Boudreaux (225) 772-0958

Tripoli

- Third Tuesday of the month (**June 17**)
- 1:00 PM to 4:00 PM
- WBR Senior Center
- Virgie Fabre (225) 485-4358

Quilting

- Every Thursday of the month
- 9:00 AM
- WBR Senior Center
- Joan Sharon (225) 749-8327

Yoga

- First and Third Thursday of the month (**Cancelled through August. Re-start September 4, 2025**)
- 4:00 PM
- WBR Senior Center

Bingo

- Every Sunday of the month
- 3:00PM
- WBR Senior Center
- Virginia Butitta (225)572-9637