

May 2025 Newsletter

Senior Spirit Contact Information

Senior Spirit's email address is: seniorspirit@wbrCouncil.org

Senior Spirit's telephone number is 225-215-5290.

Senior Spirit's address is 235 Elaine Street, Brusly.

WBR Parish Senior Spirit (listserv@civicplus.com).

If you are having trouble receiving our newsletter via email, please call us.

**To view the newsletter online, please visit the W.B.R.
Parish website: wbrparish.org**



**HAPPY MEMORIAL DAY
FROM SENIOR SPIRIT AND
PARKS AND RECREATION**

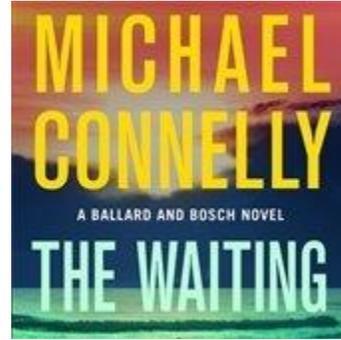


Senior Spirit In Kentucky

Pictured above is a group of 40 Senior Spirit members who traveled to Kentucky by bus, to visit various parts of the state. A wonderful time was had by all as they visited Churchill Downs, The Ark Encounter, The Creation Museum, and Woodford Reserve Bourbon Distillery. Keep reading the Senior Spirit Newsletter for announcements on future trips.

Suggested Reading

This month's suggested reading is *The Waiting* by Michael Connelly.



Renee' Ballard and the LAPD's Open-Unsolved Unit get a hot-shot DNA connection between a recently arrested man and a serial rapist and murderer who went quiet twenty years ago. The arrested man is only twenty-three, so genetic links must be familial. It was his father who was the Pillowcase Rapist, responsible for a five-year reign of terror in the city of angels. But when Ballard and her team move in on their anticipants, she has no choice but to go outside the department for help, and that leads her to the door of Harry Bosch. Finally, Ballard takes on a new volunteer to the cold case unit. Bosch's daughter Maddie wants to supplement her work as a patrol officer on the night beat by investigating cases with Ballard. But Renee' soon learns that Maddie has an ulterior motive for getting access to the city's library of lost souls.

Overview by Goodreads

Farmer's and Maker's Market

St. James Park in Brusly is the place to be on Saturday, May 10, 2025. Pointe Coupee and WBR Parishes Hot Summer Nights Farmer's and Maker's Market will be held from 5:00pm-9:00pm. Join other residents for an evening stroll while enjoying the crafts, food, and lots more.



Rockin' on the Railroad

Grab a lawn chair or blanket for the last concert of the spring series of Rockin' on the Railroad. Music by Ryan Foret and Foret Tradition will be on May 9, 2025, at 5:30pm and will be held in Railroad Park, 4343 Harris Ave, Addis, LA 70710.

Senior Spirit Dance

The Senior Spirit dance, sponsored by WBR Parks and Recreation, will be held on Wednesday, May 7, 2025, from 11:00am-2:00pm in the Addis Community Center, 7520 Hwy 1 South, Addis, LA 70710.

There will be a \$5.00 admission fee. Lunch will be served from 11:00am-12:00pm.

Live music by Denver and Justin will be from 11:30am-2:00pm.

Soft drinks and water will be provided. No alcohol will be served. Listed are the dates and bands for future dances:

****PLEASE NOTE THE DATE FOR THE MAY DANCE IS MAY 7, 2025 (THE FIRST WEDNESDAY)**

June 11 – Tet Dur

July 9 – Iris Callaghan

August 13 – Denver and Justin



HAPPY MOTHER'S DAY FROM SENIOR SPIRIT AND PARKS AND RECREATION

Christmas in July Card Party

The WBR Historical Association will host their annual Christmas in July Card Party on Monday, July 28, from 10:00am-3:00pm at the WBR Community Center in Port Allen. For more information and to register, please contact Mary Costello at the WBR Museum, 225-336-2422.



Beginners Adult Oil Painting Class

Learn to paint with oils with Mentor Margaret Blanchard every Tuesday from 9:00am-2:00pm at the WBR Parish Arts and Crafts Building (behind the WBR Community Center). This class is free of charge for WBR residents 65 and older and for ages 18-64 the cost is \$100 per year. If you have questions and would like to register, contact WBR Parks and Recreation at 225-336-2423.

Pickleball Open To All Ages

Indoor pickleball courts are available at the WBR Community Center in Port Allen. The times are as follows:

- Tuesday Mornings – 9:00am – 12:00pm (Seasoned Players)
- Wednesday Mornings – 9:00am – 12:00pm (Beginners and Moderate Level Players)
- Wednesday Evenings – 5:00pm – 9:00pm (Seasoned Players)
- Thursday Mornings – 9:00am – 12:00pm (Beginners and Moderate Level Players)

Outdoor courts are marked off at the following tennis courts: Port Allen Tennis Courts, Myhand Park, and Erwinville Park.

Morley Marina Bands

Come and listen to live music every Sunday, at Morley Marina along the Intracoastal Waterway in Brusly from 4:00pm-8:00pm.

May 4 – Keepin' Time Band

May 11 – Raccoon Band

May 25 – Kenny Fife

Bands are Subject to Change



Let's Play Bingo

Homestyle Bingo is being offered to all members every Sunday from 3:00pm-4:30pm in the WBR Senior Spirit Building. If you are interested or have questions please call Virginia Butitta at 225-572-9637.

Recurring Activities

Silver 'N Fit (Aerobics, Weights & Strength)

- Every Monday, Wednesday & Friday
- 9:00 AM to 9:30 AM
- WBR Senior Center
- Alice LeBlanc (225) 937-1155

Bouree – Daytime

- Second Thursday of the month (**May 8**)
- 1:00 PM to 4:00 PM
- WBR Senior Center
- Sonya Boudreaux (225) 772-0958

Bouree – Nighttime

- Fourth Monday of the month (**Canceled This Month**)
- 4:00 PM to 7:00 PM
- WBR Senior Center
- Sonya Boudreaux (225) 772-0958

Bridge

- Second Friday of the month (**May 9**)
- 10:00 AM
- WBR Senior Center
- Helen Gossman (225) 749-3898

Bridge – Tuesday Night

- Every Tuesday of the month
- 6:00 PM
- Brusly Town Hall
- Helen Gossman (225) 749-3898

Competitive Team Bridge

- Fourth Friday of the month (**May 23**)
- 10:00AM
- WBR Senior Center
- Elisa Tubbs (225) 456-7000

Mexican Cardinal Train Dominoes

- Every Monday of the month
- 1:00 PM
- WBR Senior Center
- Sue Gauthreaux (225) 454-2609

Hand & Foot Canasta

- Every Wednesday of the month
- 12:00 PM to 3:00 PM
- WBR Senior Center
- Julie Prejean (225) 776-4433

Pokeno

- First Tuesday of the month (**May 6**)
- 10:30 AM to 12:30 PM
- WBR Senior Center
- Mary Vince (225) 572-8039
- Second Tuesday of the month (**May 13**)
- 10:00 AM to 1:00 PM
- WBR Senior Center
- Sonya Boudreaux (225) 772-0958

Tripoli

- Third Tuesday of the month (**May 20**)
- 1:00 PM to 4:00 PM
- WBR Senior Center
- Virgie Fabre (225) 485-4358

Quilting

- Every Thursday of the month
- 9:00 AM
- WBR Senior Center
- Joan Sharon (225) 749-8327

Yoga

- First and Third Thursday of the month (**May 1 & 15**)
- 4:00 PM
- WBR Senior Center

Bingo

- Every Sunday of the month
- 3:00PM
- WBR Senior Center
- Virginia Butitta (225)572-9637