

April 2025 Newsletter

Senior Spirit Contact Information

Senior Spirit's email address is: seniorspirit@wbr council.org

Senior Spirit's telephone number is 225-215-5290.

Senior Spirit's address is 235 Elaine Street, Brusly.

WBR Parish Senior Spirit (listserv@civicplus.com).

If you are having trouble receiving our newsletter via email, please call us.

To view the newsletter online, please visit the W.B.R. Parish website:
wbrparish.org



HAPPY EASTER FROM SENIOR SPIRIT AND PARKS AND RECREATION

S.A.L.T.

Individuals 60 years of age and older are invited to a free event in the Port Allen Community Center, 749 N Jefferson Avenue, on Wednesday, April 16, 2025, from 10:00am-3:00pm.

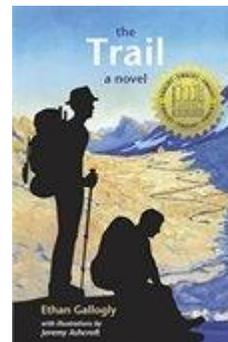
Seniors and Law Enforcement Together or S.A.L.T. will have two guest speakers. Glen Daigle from B1 Bank will speak on scams targeting senior citizens and District Attorney Tony Clayton will also speak on a variety of other interests.

Lunch will be served and Bingo will be played. Please take advantage of this opportunity and learn how to safeguard your personal information.

As the Pages Turn

This month's suggested reading is *The Trail* by Ethan Gallogly.

Set authentically in the High Sierra, *The Trail* is a moving story of how nature helps us find what's missing in our lives. This book is fused with humor, philosophy, and trail lore. The tale begins with Gil who, in the wake of his father's death and recently fired from his job, agrees to accompany his father's old hiking partner, Syd. They embark on a month-long trek on the John Muir Trail. Gil hates camping and is woefully unprepared for the rigors of the journey. He also realizes Syd may not survive the hike. It is a beautifully crafted book with 43 maps and sketches by acclaimed mountain illustrator Jeremy Ashcroft. This book is exceptionally entertaining and informative and will no doubt make readers want to go hiking in the great wilderness.





Rockin' on the Railroad

Grab a lawn chair or blanket and enjoy the spring concert series of Rockin' on the Railroad. It will begin April 25, 2025, with Rhodes and Maurer featuring Gaylen Martin and Burke Fiscus. On May 9, 2025, Ryan Foret and Foret Tradition will take the stage. Each concert will begin at 5:30pm and will be held in Railroad Park, 4343 Harris Ave, Addis, LA 70710.

Senior Spirit Dance

The Senior Spirit dance, sponsored by WBR Parks and Recreation, will be held on Wednesday, April 9, 2025, from 11:00am-2:00pm in the Addis Community Center, 7520 Hwy 1 South, Addis, LA 70710. There will be a \$5.00 admission fee. Lunch will be served from 11:00am-12:00pm. Live music by Keepin' Time Band will be from 11:30am-2:00pm. Soft drinks and water will be provided. No alcohol will be served. Listed are the dates and bands for future dances:



****PLEASE NOTE THE DATE FOR THE MAY DANCE IS MAY 7, 2025 (THE FIRST WEDNESDAY)**

May 7	Denver and Justin
June 11	Tet Dur
July 9	Iris Callaghan
August 13	Denver and Justin



Hop Over to the WBR Museum

The annual Egg-Stravaganza will be held on Sunday, April 13, 2025, from 2:00pm-3:30pm on the grounds of the WBR Museum.

This fun event is held in coordination with the WBR Parish Library. There will be an egg hunt, petting zoo, fun activities, music, and an appearance by the Easter Bunny.

Refreshments will be available for purchase. In the event of rain, activities will be moved to the Port Allen Community Center Pavilion.

Kite Fest

The 20th Anniversary of Kite Fest Louisiane will be April 26-27, 2025 at the WBR Soccer Complex, 3383 Rodedale Road in Port Allen.

Saturday, the event will begin at 11:00am until fireworks at dark and Sunday from 11:00am-4:00pm.

Activities include kite flying, kite design, children's kite-making workshop, indoor kite flying, and Louisiana food booths.

For event information, call 1-800-654-9701 or westbatonrouge.net



Beginners Adult Oil Painting Class

Learn to paint with oils with Mentor Margaret Blanchard every Tuesday from 9:00am-2:00pm at the WBR Parish Arts and Crafts Building (behind the WBR Community Center).

This class is free of charge for WBR residents 65 and older and for ages 18-64 the cost is \$100 per year.

If you have questions and would like to register, contact WBR Parks and Recreation at 225-336-2423.

Pickleball Open To All Ages

Indoor pickleball courts are available at the WBR Community Center in Port Allen. The times are as follows:

- Tuesday Mornings – 9:00am – 12:00pm (Seasoned Players)
- Wednesday Mornings – 9:00am – 12:00pm (Beginners and Moderate Level Players)
- Wednesday Evenings – 5:00pm – 9:00pm (Seasoned Players)
- Thursday Mornings – 9:00am – 12:00pm (Beginners and Moderate Level Players)

Outdoor courts are marked off at the following tennis courts: Port Allen Tennis Courts, Myhand Park, and Erwinville Park.

Enjoy A Day Of Racing

Deep South Racing Association is coming to Brusly with boat drag racing. The Morley Mill Town Showdown will be on the Intracoastal Waterway at Morley Marina on April 5-6, 2025.

Morley Marina Bands

Come and listen to live music every Sunday, at Morley Marina along the Intracoastal Waterway in Brusly from 4:00pm – 8:00pm.

April 6 – Double Shot

April 20 – Gary Bello

April 27 – Kenny Fife

*****Bands are Subject to Change*****

Recurring Activities

Silver 'N Fit (Aerobics, Weights & Strength)

- Every Monday, Wednesday & Friday
- 9:00 AM to 9:30 AM
- WBR Senior Center
- Alice LeBlanc (225) 937-1155

Bouree – Daytime

- Second Thursday of the month (**April 10**)
- 1:00 PM to 4:00 PM
- WBR Senior Center
- Sonya Boudreaux (225) 772-0958

Bouree – Nighttime

- Fourth Monday of the month (**April 28**)
- 4:00 PM to 7:00 PM
- WBR Senior Center
- Sonya Boudreaux (225) 772-0958

Bridge

- Second Friday of the month (**April 11**)
- 10:00 AM
- WBR Senior Center
- Helen Gossman (225) 749-3898

Bridge – Tuesday Night

- Every Tuesday of the month
- 6:00 PM
- Brusly Town Hall
- Helen Gossman (225) 749-3898

Competitive Team Bridge

- Fourth Friday of the month (**April 25**)
- 10:00AM
- WBR Senior Center
- Elisa Tubbs (225) 456-7000

Mexican Cardinal Train Dominoes

- Every Monday of the month
- 1:00 PM
- WBR Senior Center
- Sue Gauthreaux (225) 454-2609

Hand & Foot Canasta

- Every Wednesday of the month
- 12:00 PM to 3:00 PM
- WBR Senior Center
- Julie Prejean (225) 776-4433

Pokeno

- First Tuesday of the month (**April 1**)
- 10:30 AM to 12:30 PM
- WBR Senior Center
- Mary Vince (225) 572-8039

- Second Tuesday of the month (**April 8**)
- 10:00 AM to 1:00 PM
- WBR Senior Center
- Sonya Boudreaux (225) 772-0958

Tripoli

- Third Tuesday of the month (**April 15**)
- 1:00 PM to 4:00 PM
- WBR Senior Center
- Virgie Fabre (225) 485-4358

Quilting

- Every Thursday of the month
- 9:00 AM
- WBR Senior Center
- Joan Sharon (225) 749-8327

Yoga

- First and Third Thursday of the month (**April 3 & 17**)
- 4:00 PM
- WBR Senior Center