

---

## March 2025 Newsletter

---

### Senior Spirit Contact Information

Senior Spirit's email address is: [seniorspirit@wbrcouncil.org](mailto:seniorspirit@wbrcouncil.org)

Senior Spirit's telephone number is 225-215-5290.

Senior Spirit's address is 235 Elaine Street, Brusly.

WBR Parish Senior Spirit ([listserv@civicplus.com](mailto:listserv@civicplus.com)).

If you are having trouble receiving our newsletter via email, please call us.

To view the newsletter online, please visit the W.B.R. Parish website:

[wbrparish.org](http://wbrparish.org)

---

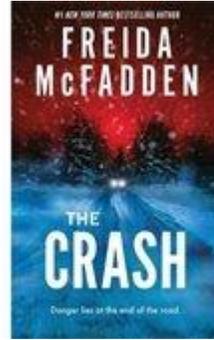


HAPPY MARDI GRAS FROM SENIOR SPIRIT  
AND PARKS AND RECREATION

---

### As the Pages Turn

This month's suggested reading is *The Crash* by Freida McFadden



Tegan is eight months pregnant, and desperately wants to put her crumbling life in the rearview mirror. So she hits the road, planning to stay with her brother until she can figure out her next move. But she doesn't realize she's heading straight into a blizzard. She never arrives at her destination. Stranded in rural Maine with a dead car and a broken ankle, Tegan worries she's made a terrible mistake. Then, by a miracle, she is rescued by a couple who offer her a room in their warm cabin until the snow clears. But something isn't right. Tegan believed she was waiting out the storm, but as time ticks by, she comes to realize she is in grave danger. This safe haven isn't what she thought it was, and staying here may have been her most deadly mistake yet. Now she must do whatever it takes to save herself and her unborn child. Freida McFadden delivers a snowbound thriller that will chill you to the bone.

Overview provided by Goodreads

---

### Senior Spirit Dance

The Senior Spirit dance, sponsored by WBR Parks and Recreation, will be held on Wednesday, March 12, 2025, from 11:00am-2:00pm in the Addis Community Center, 7520 Hwy 1 South, Addis, LA 70710.



There will be a \$5.00 admission fee. Lunch will be served from 11:00am-12:00pm. Live music by Tet Dur will be from 11:30am-2:00pm. Soft drinks and water will be provided. No alcohol will be served.

Listed are the dates and bands for future dances:

**\*\*PLEASE NOTE THE DATE FOR THE MAY DANCE IS MAY 7, 2025 (THE FIRST WEDNESDAY)**

**April 9 – Keepin' Time Band**

**May 7 – Denver and Justin**

**June 11 – Tet Dur**

**July 9 – Iris Callaghan**

---



### **Pickleball Open To All Ages**

**Indoor pickleball courts are available at the WBR Community Center in Port Allen. The times are as follows:**

- **Tuesday Mornings – 9:00am – 12:00pm (Seasoned Players)**
- **Wednesday Mornings – 9:00am – 12:00pm (Beginners and Moderate Level Players)**
- **Wednesday Evenings – 5:00pm – 9:00pm (Seasoned Players)**
- **Thursday Mornings – 9:00am – 12:00pm (Beginners and Moderate Level Players)**

**Outdoor courts are marked off at the following tennis courts: Port Allen Tennis Courts, Myhand Park, and Erwinville Park.**

**Pictured above are a few members of West Baton Rouge Senior Spirit enjoying pickleball.**

---



### **Throw Me Something Mister**

Mardi Gras is March 4, 2025. Listed are parades to enjoy in the area:

Sunday, March 2, 2025 – Krewe of Good Friends of the Oaks Parade in Port Allen at 1:00pm.

Sunday, March 2, 2025 – Krewe of Comogo Parade in Plaquemine at 7:00pm.

---

### **Brusly Spring Market**

Come out and enjoy spring weather at the Spring Farmers and Makers Market in Brusly on Saturday, March 15, 2025. It will be held in St. James Park, 1000 E Main Street, Brusly, LA 70719 from 10:00am – 2:00pm. There will be food, crafts, plants, handmade jewelry, and more.

---

### **Lions Club Card Party**

The Brusly Lions Club Card Party will take place on Monday, April 7, 2025, from 10:00am – 3:00pm in St. John the Baptist Catholic Church Activity Center. A donation of \$30.00 will include shrimp étouffée lunch, home-made desserts, 50/50, raffle, cash bar and door prizes. Please gather your team for the upcoming event.



The registration form will be mailed only to team leaders. The team leader is to return the registration form for their entire team. Individual registration forms will not be mailed to your team members unless preferred.

Please contact Andrea Normand at 225-328-4843 or Joey Normand at 225-445-2904 with any questions. Deadline to register the event is March 31, 2025.

---

### **Morley Marina Bands**

Come and listen to live music every Sunday, at Morley Marina along the Intracoastal Waterway in Brusly from 4:00pm-8:00pm.

March 9 – eepin' Time Band

March 23 – Kenny Fife

**\*\*Bands are Subject to Change\*\***

**\*During winter months, there will not be a band every weekend.**

---

### **St. Joseph Altar**

**St. John the Evangelist Catholic Church in Plaquemine, will hold it's annual St. Joseph Altar on Sunday, March 16, 2025, from 12:00pm – 1:30pm in the Knights of Columbus Hall, 58715 Price Street, Plaquemine, LA 70764.**

**If anyone would like to assist with any baking and to experience the fellowship in creating a St. Joseph Altar please contact Betty Aucoin at 225-776-1685.**

---

### **Youth To Perform Mary Poppins**



**Iberville Community Theatre presents Mary Poppins, performed by Iberville Youth Theatre. The production will be held Friday, March 7, 2025 at 6:00pm and Saturday, March 8, 2025 at 2:00pm in the Plaquemine Community Center, 57845 Foundry Street, Plaquemine, 70764.**

**Cost of the tickets is adults \$15 and children \$10.**

**Tickets are available at [www.wearethedifference.org](http://www.wearethedifference.org)**

---

## **Recurring Activities**

### **Silver 'N Fit (Aerobics, Weights & Strength)**

- Every Monday, Wednesday & Friday
- 9:00 AM to 9:30 AM
- WBR Senior Center
- Alice LeBlanc (225) 937-1155

### **Bouree – Daytime**

- Second Thursday of the month (**March 13**)
- 1:00 PM to 4:00 PM
- WBR Senior Center
- Sonya Boudreaux (225) 772-0958

### **Bouree – Nighttime**

- Fourth Monday of the month (**March 24**)
- 4:00 PM to 7:00 PM
- WBR Senior Center
- Sonya Boudreaux (225) 772-0958

### **Bridge**

- Second Friday of the month (**March 14**)
- 10:00 AM
- WBR Senior Center
- Helen Gossman (225) 749-3898

### **Bridge – Tuesday Night**

- Every Tuesday of the month
- 6:00 PM
- Brusly Town Hall
- Helen Gossman (225) 749-3898

### **Competitive Team Bridge**

- Fourth Friday of the month (**March 28**)
- 10:00AM
- WBR Senior Center
- Elisa Tubbs (225) 456-7000

### **Mexican Cardinal Train Dominoes**

- Every Monday of the month
- 1:00 PM
- WBR Senior Center
- Sue Gauthreaux (225) 454-2609

### **Hand & Foot Canasta**

- Every Wednesday of the month
- 12:00 PM to 3:00 PM
- WBR Senior Center
- Julie Prejean (225) 776-4433

### **Pokeno**

- First Tuesday of the month (**March 4**)
- 10:30 AM to 12:30 PM
- WBR Senior Center
- Mary Vince (225) 572-8039
  
- Second Tuesday of the month (**March 11**)
- 10:00 AM to 1:00 PM
- WBR Senior Center
- Sonya Boudreaux (225) 772-0958

### **Tripoli**

- Third Tuesday of the month (**March 18**)
- 1:00 PM to 4:00 PM
- WBR Senior Center
- Virgie Fabre (225) 485-4358

### **Quilting**

- Every Thursday of the month
- 9:00 AM
- WBR Senior Center
- Joan Sharon (225) 749-8327

### **Yoga**

- First and Third Thursday of the month (**March 6 & 20**)
- 4:00 PM
- WBR Senior Center