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November 2024 Newsletter

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**Senior Spirit Contact Information**

Senior Spirit's email address is: [seniorspirit@wbr council.org](mailto:seniorspirit@wbr council.org)

Senior Spirit's telephone number is 225-215-5290.

Senior Spirit's address is 235 Elaine Street, Brusly.

WBR Parish Senior Spirit ([listserv@civicplus.com](mailto:listserv@civicplus.com)).

If you are having trouble receiving our newsletter via email, please call us.

**To view the newsletter online, please visit the W.B.R. Parish website:  
[wbrparish.org](http://wbrparish.org)**

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**HAPPY THANKSGIVING FROM SENIOR  
SPIRIT AND PARKS AND RECREATION!**

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### **Thanksgiving Luncheon**

The annual Port Allen Rotary Club Thanksgiving Luncheon will be held on November 26, 2024, and is for all West Baton Rouge Parish Seniors. The lunch will be served promptly at 11:00am, but please feel free to attend early and visit with friends.

This year the luncheon will be held in the Addis Community Center, 7520 Hwy 1 South, Addis LA 70710, due to renovations at Holy Family.

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### **Fun Family Activities in Brusly**

November 9, 2024, is the final Market Days in St. James Park, 1000 E Main Street in Brusly, Come out for fun, shopping, and community spirit beginning at 10:00am.

**SAVE THE DATE** for the Christmas Tree Lighting, also at St. James Park, on Friday, December 6, 2024, at 5:30pm. There will be live music, jump houses, face painting, and Santa!

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### **As the Pages Turn**

This month's suggested reading is *The Lions of Fifth Avenue* by Fiona Davis.

This novel is surrounded by the story of the New York Public Library and a family who resides there in 1913. Laura Lyons, who's husband is the superintendent of the Library, wants more out of life than being a wife and mother. She is headstrong and passionate and when she takes a leap of faith and applies to the Columbia Journalism School, her world is cracked wide open. When valuable books are stolen in the library and threaten the home and



institution she loves, she is forced to confront her shifting priorities head on and may lose everything in the process.

Eighty years later, in 1993, Sadie Donovan struggles with the legacy of her grandmother, the famous Laura Lyons, as she wrangles her dream job as a curator at the New York Public Library. The job quickly becomes a nightmare when rare manuscripts, notes, and books become missing. Determined to save both the exhibit and her career, Sadie teams up with a private security expert to uncover the culprit. However, things unexpectedly become personal when the investigation leads Sadie to some unwelcome truths about her own family heritage--truths that shed new light on the biggest tragedy in the library's history.

*Overview by Goodreads*

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### **Fall Music Concerts In Addis**

The fall series of Rockin' on the Railroad will continue on Friday, November 1, 2024, with Blind Ambition and on November 22, 2024, with After 8. The music begins at 5:30pm. Bring a blanket or a chair, listen to music, and enjoy the fall weather.

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### **Come On, Let's Dance**

The next Senior Spirit dance sponsored by WBR Parks and Recreation will be held Wednesday, November 13, 2024, from 11:00am-2:00pm in the Addis Community Center, 7520 Hwy 1 South, Addis, LA 70710. There will be a \$5.00 admission fee. Lunch will be served from 11:00am-12:00pm and live music by the Keepin' Time Band from 11:30am-2:00pm. Soft drinks and water will be provided. Please come out for a fun afternoon of dancing. No alcohol will be served.



\*\*The Senior Spirit dance for December will be a fun Christmas theme. Mark your calendar for December 11, 2024. Tet Dur will be playing his usual swamp pop music and maybe a few Christmas songs as well. Who knows maybe Santa will pay a visit!

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### **Activities In Port Allen**

Put on your boots and cowboy hats for the LSU Block and Bridle Club Rodeo at the Louis A. Mouch, Jr. Multi Purpose Arena, 152 Turner Drive, Port Allen, on

Friday and Saturday, November 22-23, 2024. Both days the rodeo begins at 7:00pm. Friday nights rodeo is designated for amateurs and students and Saturday night is an open rodeo and more competitive. Tickets are sold at the door and are \$8 for adults and \$5 for children. Each year the Block and Bridle Club donates a percentage of their profits from the rodeo to Cancer Services of Baton Rouge.

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### **Veterans On Parade**

A Veterans Parade will take place in Port Allen on Sunday, November 10, 2024, beginning at 1:30pm from Rivault Park. The route will then be taken north on S Jefferson to N Jefferson and end at N 6th Street. Following the parade there will be a program honoring all veterans on the grounds of the WBR Museum. Seating will be available for all veterans and their families. All others are welcome to bring lawn chairs. Please come out to honor the men and women who serve our country.

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### **Kentucky Bus Trip Information**

There are a few spots left for the Kentucky trip to the Ark Encounter and Creation Museum. If you have registered, your deposit is due November 3, 2024. If you have any questions and would like to register, please call Senior Spirit at 225-215-5290. See below for trip information.

**Dates: March 24-28, 2025 (Monday-Friday)**

The trip includes the cost of the bus, WI-FI on the bus, hotels for 4 nights at Hampton Inns, tours of Churchill Downs, The Ark Encounter, Creation Museum, and Woodford Reserve Bourbon Distillery. The price also includes 3 meals and a continental breakfast each morning, as well as all gratuities. The trip is conducive to having several meals on your own. There will also be lots of WALKING AND STANDING on this trip.

The cost of the trip is \$1,100.00 per person for a double-occupancy room and \$1,300.00 for a single-occupancy room. Deposits are due November 3, 2024, and are as follows: \$550.00 for double-occupancy and \$650 for single-occupancy. The balance is due on February 3, 2025. Please make checks payable to Paige Currie and on the "FOR" LINE OF THE CHECK WRITE SENIOR SPIRIT. Mail all payments to Paige Currie, 3635 Allene Street, Brusly, LA 70719 or payments may be dropped off at St. John the Baptist Catholic Church Office in Brusly.

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### **Pickleball Open To All Ages**

Indoor pickleball courts are available at the WBR Community Center in Port Allen. The times are as follows:

- **Tuesday Mornings – 9am-12pm (Seasoned Players)**
- **Wednesday Mornings – 9am-12pm (Beginners and Moderate Level Players)**
- **Wednesday Evenings – 5pm-9pm (Seasoned Players)**
- **Thursday Mornings – 9am-12pm (Beginners and Moderate Level Players)**

Outdoor courts are marked off at the following tennis courts: Port Allen Tennis Courts, Myhand Park, and Erwinville Park.

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### **Morley Marina Bands**

Come and listen to live music every Sunday, at Morley Marina along the Intracoastal Waterway in Brusly. **PLEASE NOTE NEW TIME: 4:00pm – 8:00pm**

**November 3 – 2 AM Band**

**November 10 – Gary Bello**

**November 17 – Nelson Blanchard**

**November 14 – Kenny Fife**

**\*\*Bands are Subject to Change\*\***

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### **Recurring Activities**

#### **Silver 'N Fit (Aerobics, Weights & Strength)**

- Every Monday, Wednesday & Friday
- 9:00 AM to 9:30 AM
- WBR Senior Center
- Alice LeBlanc (225) 937-1155

#### **Bouree - Daytime**

- Second Thursday of the month (**November 14**)
- 1:00 PM to 4:00 PM
- WBR Senior Center
- Sonya Boudreaux (225) 772-0958

#### **Bouree - Nighttime**

- Fourth Monday of the month (**November 25**)
- 4:00 PM to 7:00 PM
- WBR Senior Center
- Sonya Boudreaux (225) 772-0958

### **Bridge**

- Second Friday of the month (**November 8**)
- 10:00 AM
- WBR Senior Center
- Helen Gossman (225) 749-3898

### **Bridge - Tuesday Night**

- Every Tuesday of the month
- 6:00 PM
- Brusly Town Hall
- Helen Gossman (225) 749-3898

### **Competitive Team Bridge**

- Fourth Friday of the month (**November 22**)
- 10:00AM
- WBR Senior Center
- Elisa Tubbs (225) 456-7000

### **Mexican Cardinal Train Dominoes**

- Every Monday of the month
- 1:00 PM
- WBR Senior Center
- Sue Gauthreaux (225) 454-2609

### **Hand & Foot Canasta**

- Every Wednesday of the month
- 12:00 PM to 3:00 PM
- WBR Senior Center
- Julie Prejean (225) 776-4433

### **Pokeno**

- First Tuesday of the month (**November 5**)
- 10:30 AM to 12:30 PM
- WBR Senior Center
- Mary Vince (225) 572-8039
  
- Second Tuesday of the month (**November 12**)
- 10:00 AM to 1:00 PM
- WBR Senior Center
- Sonya Boudreaux (225) 772-0958

### **Tripoli**

- Third Tuesday of the month (**November 19**)
- 1:00 PM to 4:00 PM
- WBR Senior Center
- Virgie Fabre (225) 485-4358

### **Quilting**

- Every Thursday of the month
- 9:00 AM
- WBR Senior Center
- Joan Sharon (225) 749-8327

### **Yoga**

- First and Third Thursday of the month (**November 7 & 21**)
- 4:00 PM
- WBR Senior Center