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## February 2022 Newsletter

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### Senior Spirit Contact Information

Senior Spirit's email address is: [seniorspirit@wbr council.org](mailto:seniorspirit@wbr council.org)

Senior Spirit's telephone number is 225-215-5290.

Senior Spirit's address is 235 Elaine Street, Brusly.

WBR Parish Senior Spirit ([listserv@civicplus.com](mailto:listserv@civicplus.com)).

If you are having trouble receiving our newsletter via email, please call us.

**Please Note:** Beginning December 30, 2022, we will no longer mail out the Newsletter. The Newsletter will be available via email and on the W.B.R. Parish website: [wbrparish.org](http://wbrparish.org)

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### Corn Hole

Cornhole games will be played on Tuesdays at 6:00pm at the Addis Community Center throughout the month of February. On March 22nd, we will have a tournament at the Addis Community Center and the cost will be \$5.00 each. At the February sessions, Sonya will have a sign-up sheet for the tournament and she will also take payment. You may also call the Senior Spirit office 215-5290 to register for the tournament. Please join in the fun!

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## **1968: A Folsom Redemption Exhibit at the West Baton Rouge Museum**

Some of our members enjoyed the Folsom Prison Exhibit at the WBR Museum on January 7th. The Exhibit included photos, history and a film of eyewitness accounts of the historic Johnny Cash concerts at Folsom Prison. It was very entertaining!



## **Victory Belles at the Opening of the Pelican State Goes to War Exhibit at the WBR Museum**

Many Senior Spirit members attended the Opening Reception of "The Pelican State Goes to War" on January 23rd. They enjoyed the patriotic music of the Victory Belles, who also perform at the WWII National Museum in New Orleans. The Exhibit is ongoing at the Museum through March 20th. On March 16th at 12:00pm, Ellis Gauthier (Senior Spirit Member), will give a lunchtime lecture regarding "Recollections of a School Boy in W.B.R. during WWII". Please come out and enjoy Ellis' lecture and the Exhibit.

## **Get Your Senior Spirit Tote Bag!**

Senior Spirit Tote Bags are available for purchase for \$8. Sonya Boudreaux will have them at the Weight Class or Corn Hole games. You can also call the Senior Spirit Office 215-5290 to obtain yours.



## **Silver 'N Fit Class (Formerly Aerobics)**

The Weight & Strength Class will be offered in place of the Aerobics class on Monday, Wednesday and Friday. This class will offer weights, strength and light aerobic activity. You are welcome to bring hand weights to the class. Please call Sonya Boudreaux at 772-0958 with any questions.

Pokeno will be held this month on February 15th from 10:00am-12:00pm at the WBR Senior Center. We currently have 12 people registered and plan to offer it on the third Tuesday of each month. The game cost is \$10/player. Please call the Senior Spirit Office 215-5290 to sign up.

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## Michelangelo Exhibit on March 25th

The Michelangelo Exhibit has been rescheduled to 10:30am on March 25th at the Raising Cane's River Center in Baton Rouge. The Group ticket rate is \$12.50 each. We plan to carpool from the St. John the Baptist Catholic Church parking lot to the exhibit. Please call Stella at 215-5290 to sign up.



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## Recurring Activities

### Silver 'N Fit (formerly Aerobics)

- Every Monday, Wednesday & Friday
- 9:00 AM to 9:30 AM
- WBR Senior Center
- Carolyn Blanchard (225) 223-3707 & Sonya Boudreaux 772-0958

### Bouree - Daytime

- Second Thursday of the month (**February 10**)
- 1:00 PM to 4:00 PM
- WBR Senior Center
- Babs Babin (225) 749-2518

### Bouree - Nighttime

- Fourth Monday of the month (**February 28**)
- 6:00 PM
- WBR Senior Center
- Babs Babin (225) 749-2518

### Bridge - Second Friday

- Second Friday of the month (**February 11**)
- 10:00 AM
- WBR Senior Center
- Babs Babin (225) 749-2518

### **Bridge - Tuesday Night**

- Every Tuesday of the month
- 6:30 PM
- Brusly Town Hall
- Babs Babin (225) 749-2518

### **Corn Hole**

- Every Tuesday of the month (**canceled Feb. 8 & March 1**)
- 6:00 PM
- Addis Community Center
- Sonya Boudreaux (225) 772-0958

### **Mexican Cardinal Train Dominoes**

- Every Monday of the month
- 1:00 PM
- WBR Senior Center
- Sue Gauthreaux (225) 454-2609

### **Hand & Foot Canasta**

- Every Wednesday of the month (**CANCELED at this time.**)
- 10:30 AM
- WBR Senior Center
- Joyce Barbier (225) 383-0232 or Julie Prejean (225) 776-4433

### **Pokeno**

- Third Tuesday of the month (**February 15**)
- 10:00 AM
- WBR Senior Center
- Sonya Boudreaux (225)772-0958

### **Quilting**

- Every Thursday of the month
- 9:00 AM
- WBR Senior Center
- Joan Sharon (225) 749-8327