



June 2023 Newsletter

Senior Spirit Contact Information

Senior Spirit's email address is: seniorspirit@wbr council.org

Senior Spirit's telephone number is 225-215-5290.

Senior Spirit's address is 235 Elaine Street, Brusly.

WBR Parish Senior Spirit (listserv@civicplus.com).

If you are having trouble receiving our newsletter via email, please call us.

To view the newsletter online, please visit the W.B.R. Parish website: wbrparish.org



**HAPPY FATHER'S DAY FROM
SENIOR SPIRIT AND PARKS AND
RECREATION!**

A Note From Layne

Although my time was short, I truly enjoyed meeting all of you. You are a great group of active, fun-loving, card playing people! I leave you in the very capable hands of Paige Currie and Sonya Boudreaux. I know you will enjoy many adventures with them.

Thank you, Layne, for your hard work and dedication. Senior Spirit appreciates you and you will be missed!!



New Exhibit at the West Baton Rouge Museum

The River is the Road by George Rodrigue is a new exhibit at the WBR Museum. Coinciding with the 10th anniversary of Rodrigue's death, it is the first of its kind, and traces 45 years of the river in Rodrigue's paintings. This exhibit also explores the unique way Rodrigue used the river as a reference to his Cajun heritage, and ultimately as a metaphor for the journey of life. It is also worth mentioning, he is the artist of the famous Blue Dog Series. The exhibit will open June 17 and run through October 29, 2023.

Ways to Stay Active in WBR!

WBR Museum Yoga Workshop:

The WBR Museum is hosting a Yoga workshop on the last Tuesday of the month. This month it will held on June 27 from 6:00pm-7:30pm. All ages and skill levels are welcome. Please bring a yoga mat and wear comfortable shoes. Do not eat one hour before the class.



Pickleball at WBR Parks & Recreation

This game is played at the Port Allen Community Center every Tuesday morning from 9:00am-12:00pm or on Wednesday night from 5:00pm-9:00pm. All are welcome!

WBR Museum

The WBR Museum is the new permanent host for the Cajun French Music Association's Le Jam. Guests are encouraged to participate in this fun event held on the 3rd Sunday of every month, from 3:00pm-5:00pm. Come enjoy live music, singing and dancing, this month on June 18.

Cards, Cards, Cards!

The West Baton Rouge Museum's Christmas in July Card Party will be held, Monday, July 24, from 10:00am-3:00pm, at the West Baton Rouge Community Center in Port Allen. This party benefits the West Baton Rouge Historical Association. Games such as Bridge, Hand & Foot Canasta, Shanghai Rummy, Sequence, Bouree, and other games are welcome. Registration fee is \$30.00 and includes one free Mimosa, muffins and coffee in the morning, and a full lunch with dessert. Please register by July 14. If you have any questions contact Amanda Moak at 300-4374 or 336-2422.



Mark Your Calendars!

The St. John the Baptist Card Party will be held on October 30, 2023 in the church's activity center. There will be more information to come in future newsletters.



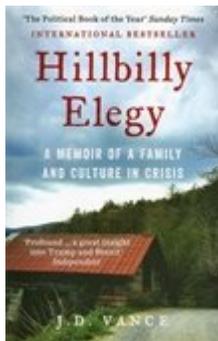
New Orleans Bus Trip Information

The date for our New Orleans bus trip, to visit Longue Vue home and gardens, is Thursday, October 19. The cost of the trip is \$80.00 per person and includes both a guided tour of the home and gardens, and lunch at Porter and Luke's. We will also visit City Park, if time permits. The first 50

people who register will be able to attend this fun outing. Please call Senior Spirit at 225-215-5290 to register. More information and itinerary to come!

Le Cafe' Francais

The museum hosts this program as part of its cultural offerings, for those who speak French, are learning French, or simply support the French language and culture in Louisiana. Speakers of any dialect or skill level are welcome. It is free of charge and open to the public. It is held on the first Friday of every month at 1:00pm, and this month, on June 2.



Book of the Month

Hillbilly Elegy, by J.D. Vance is the suggested book for the WBR Library Book Club. The club meets on the third Saturday of every month from 11:00am-12:30pm. This month it will be held June 17. Hillbilly Elegy is an autobiography where poverty was the family tradition. J.D. Vance grew up in a rust belt town in Ohio where details of social isolation and addiction afflict poor white communities.

Behind the Barn Doors

The WBR Museum hosts this fun event on the first Sunday of every month. This month it will be held on June 4, and will include working the planer with Gary Hart, making hogs head cheese with Ben Deshotels, and cotton spinning with Linda Collins. Visitors can also experience demonstrations of historic tools and techniques while exploring the historical machinery displayed in the barn. Farming implements, textile equipment, blacksmithing and woodworking tools are just a few of the artifacts on display.





Bingo Night

Join in for an evening of Bingo, laughs and fun at the West Baton Rouge Parish Library. This event will be held on Tuesday, June 6 and Thursday, June 22. Arrive at 6:00pm for seating and refreshments, and Bingo begins promptly at 6:30pm through 7:30pm. Space is limited, so please register online or by calling 225-342-7920 Ext. 227

Morley Marina Bands

Come dance and listen to live music every Sunday, 5:00pm-9:00pm, at Morley Marina along the Intracoastal Waterway in Brusly. This month's bands are:

June 4 - Kenny Fife
June 11 - George & Mitch
June 18 - Magic Merlin
June 25 - Trilogy Band



Acadian Genealogy Series

Learn about Acadian Genealogy at the West Baton Rouge Museum. Walk in the footsteps of your ancestors as Billy Hebert and Daniel Blanchard take you through the Acadian odyssey. They will speak on Saturday, June 10 and 17. Stella Tanoos will present: Lost Louisiana: The Cattle Drives of Louisiana on June 24. She will explore the history of

Louisiana's cattle drives to New Orleans from the earliest known cattle drives of the 1700s by the French. In her presentation, Mrs. Tanoos, will speak on the dangerous health conditions that existed in the slaughterhouses of New Orleans, and the economic conditions of the 18th and 19th centuries that made the long and arduous trip possible.

Support Groups

The following are support groups in our area:

Alzheimer's Caregiver Support Group meets every second Monday from 10:00am-1:00pm at St. John the Evangelist Church, 57805 Main Street, Plaquemine.

Healing Hearts Grief Share Support Group meets at the Church at Addis each Thursday evening at 6:30pm. The church is located at 6781 LA Highway 1 South, Addis. Meetings are held in the Club 456 room.

Recurring Activities

Silver 'N Fit (Aerobics, Weights & Strength)

Every Monday, Wednesday & Friday

9:00 AM to 9:30 AM

WBR Senior Center

Alice LeBlanc (225)937-1155

Bouree - Daytime

Second Thursday of the month (**June 8**)

1:00 PM to 4:00 PM

WBR Senior Center

Sonya Boudreaux (225) 772-0958

Bouree - Nighttime

Fourth Monday of the month (**Canceled this month**)

4:00 PM to 7:00PM

WBR Senior Center

Sonya Boudreaux (225) 772-0958

Bridge - Second Friday

Second Friday of the month (**June 9**)

10:00 AM

WBR Senior Center

Lucy Landry (225) 749-2981

Bridge - Tuesday Night

Every Tuesday of the month

6:00 PM

Brusly Town Hall

Helen Gossman (225) 749-3898

Corn Hole

Tuesday of the month (**Canceled until the Fall**)

6:00 PM

Alexander Park

Sonya Boudreaux (225)772-0958

Competitive Team Bridge

Fourth Friday of the month (**June 23**)

10:00AM

WBR Senior Center

Elisa Tubbs (225)456-7000

Mexican Cardinal Train Dominoes

Every Monday of the month

1:00 PM

WBR Senior Center

Sue Gauthreaux (225) 454-2609

Hand & Foot Canasta

Every Wednesday of the month

12:00 PM to 3:00 PM

WBR Senior Center

Julie Prejean (225) 776-4433

Pokeno

Second Tuesday of the month (**June 13**)

10:00 AM to 1:00 PM

WBR Senior Center

Sonya Boudreaux (225)772-0958

Tripoli

Third Tuesday of the month (**June 20**)

1:00 PM to 4:00 PM

WBR Senior Center

Virgie Fabre (225) 485-4358

Quilting

Every Thursday of the month

9:00 AM

WBR Senior Center

Joan Sharon (225) 749-8327