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## April 2023 Newsletter

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### **Senior Spirit Contact Information**

Senior Spirit's email address is: [seniorspirit@wbrCouncil.org](mailto:seniorspirit@wbrCouncil.org)

Senior Spirit's telephone number is 225-215-5290.

Senior Spirit's address is 235 Elaine Street, Brusly.

WBR Parish Senior Spirit ([listserv@civicplus.com](mailto:listserv@civicplus.com)).

If you are having trouble receiving our newsletter via email, please call us.

To view the newsletter online, please visit the W.B.R. Parish website: [wbrparish.org](http://wbrparish.org)



**HAPPY EASTER FROM WBR SENIOR SPIRIT AND PARKS AND RECREATION!**

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### **Welcome Paige Crochet Currie!**

Paige Currie will be replacing Layne Mire as Director of events, trips and membership. Paige is a native of Assumption Parish and has been married to Howard Currie for 31 years. Paige loves to read and travel; so get ready to go!



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### **Ways to Stay Active in WBR!**



#### **WBR Museum Yoga Workshop:**

**April 25 from 6:00-7:30pm**

All ages and skill levels are welcome. Please bring a yoga mat and wear comfortable shoes. Please don't eat one hour before the class.

#### **Pickleball at WBR Parks & Recreation**

This game is played at the Port Allen Community Center every Tuesday morning from 9:00am-12:00pm or on Wednesday night from 5:00pm-9:00pm. All are welcome!

#### **WBR Library Line Dance Classes: April 6 & 20 from 6:00-7:45pm**

Please register online ([www.wbrpl.com](http://www.wbrpl.com)); space is limited.



## Who wants to go to New Orleans?

A bus trip is being planned to visit Longue Vue home and gardens. This home sits on 8 acres and was built circa 1921. This home was the masterwork of the 20th century and was the idea of Edgar & Edith Stern. The trip is planned for October and will include lunch at Porter & Luke's in Metairie. Details will

be provided in the May newsletter. We will take 50 people on this trip, so please call Senior Spirit, 225-215-5290, to register.

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## Brusly Lions Club Card Party

Monday, April 17 from 10:00am to 3:00pm at St. John the Baptist Church Activity Center. 402 S. Kirkland Drive (River Road), Brusly. Cost is \$30 per player, which includes lunch. Registration forms are due by Monday, April 10. To register your group, please contact Terry Guidry, 225-413-5418 or Steve Guidry, 225-773-6141.



## WBR Library Spring Art Program

April 22 from 10:30am-12:30pm

Do It Yourself Spring Yarn Wreath Workshop will be held on April 22 at WBR Parish Library in Port Allen. All supplies are provided. Please go online to register: [wbrpl.com](http://wbrpl.com) Space is limited.

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## WBR Genealogical Society

### Meeting on April 8 at 9:30am at the Brusly Town Hall

Allen Kirkland will give a presentation on the musicians of West Baton Rouge Parish. You can view his exhibit "Down Home Music", at the Iberville Museum in Plaquemine through May.

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## **Addis Rockin' on the Railroad**

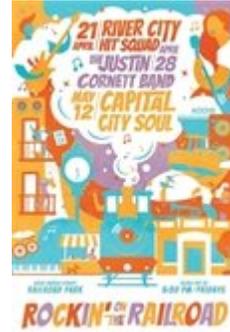
Bring your lawn chair and head to the Railroad Park in Addis at 5:30PM to hear some awesome music on these dates:

April 21 River City Hit Squad

April 28 Justin Cornett Band

May 12 Capital City Soul

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## **WBR Museum Historical Happy Hour**

April 21, 6:00-8:00pm

Nick Spitzer and Kenny Neal will perform local blues music at our Museum. You are welcome to bring your drinks and lawn chairs and enjoy these tunes in front of the Juke Joint on the Museum's campus.

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## **Recurring Activities**

### **Silver 'N Fit (Aerobics, Weights & Strength)**

- Every Monday, Wednesday & Friday
- 9:00 AM to 9:30 AM
- WBR Senior Center
- Carolyn Blanchard (225) 223-3707 & Sonya Boudreaux 772-0958

### **Bouree - Daytime**

- Second Thursday of the month (**April 13**)
- 1:00 PM to 4:00 PM
- WBR Senior Center
- Sonya Boudreaux (225) 772-0958

### **Bouree - Nighttime**

- Fourth Monday of the month (**April 24**)
- 4:00 PM to 7:00PM
- WBR Senior Center
- Sonya Boudreaux (225) 772-0958

### **Bridge - Second Friday**

- Second Friday of the month (**April 14**)
- 10:00 AM
- WBR Senior Center
- Lucy Landry (225) 749-2981

### **Bridge - Tuesday Night**

- Every Tuesday of the month
- 6:00 PM
- Brusly Town Hall
- Babs Babin (225) 749-2518

### **Corn Hole**

- Tuesday of the month (**Canceled until the Fall**)
- 6:00 PM
- Alexander Park
- Sonya Boudreaux (225)772-0958

### **Competitive Team Bridge**

- Fourth Friday of the month (**April 28**)
- 10:00AM
- WBR Senior Center
- Elisa Tubbs (225)456-7000

### **Mexican Cardinal Train Dominoes**

- Every Monday of the month
- 1:00 PM
- WBR Senior Center
- Sue Gauthreaux (225) 454-2609

### **Hand & Foot Canasta**

- Every Wednesday of the month
- 12:00 PM to 3:00 PM
- WBR Senior Center
- Julie Prejean (225) 776-4433

### **Pokeno**

- Second Tuesday of the month (**April 11**)
- 10:00 AM to 1:00 PM
- WBR Senior Center
- Sonya Boudreaux (225)772-0958

### **Tripoli**

- Third Tuesday of the month (**April 18**)
- 1:00 PM to 4:00 PM
- WBR Senior Center
- Virgie Fabre (225) 485-4358

## Quilting

- Every Thursday of the month
- 9:00 AM
- WBR Senior Center
- Joan Sharon (225) 749-8327

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